

THE ARCHITECTURE OF DISCIPLINE: A Blueprint to Navigate Uncertainty

BY KRISH DHANAM

PREPARATION IS VITAL

- **Discipline** - Have a daily ritual that is non-negotiable.
- **Devotion** - Have input that comes from outside by way of faith, family and friends.
- **Dedication** - Physical exercise that can be creatively done. Maintain yourself.

LEARNING IS CRITICAL

- **Source** - Make your input credible; what comes to you.
- **Course** - Make your throughput informational; what flows through you.
- **Force** - Make your output commendable; what goes from you.

ACTIVITY IS ESSENTIAL

- **Timely** - Don't put off for later what you can do today.
- **Targeted** - Have a score card for your activity.
- **Trained** - Your skill matters; your will has to utilize your skill.

NAVIGATION IS CRUCIAL

- **Direction** - Knowing where you are going and understanding how to get there.
- **Detour** - Understanding that your route might change; find new ways.
- **Destination** - Visualizing where you would like to arrive.



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